

910-891-5808 or 919-577-0085

## Instructions for your Colonoscopy with Halflytely Prep

You are scheduled for your colonoscopy at \_\_\_\_\_

Please report to the Facility at \_\_\_\_\_ AM on \_\_\_\_\_.

IN ORDER TO PROPERLY PREPARE FOR THE EXAMINATION OF YOUR COLON, YOU WILL NEED TO DO THE FOLLOWING:

On the day before your procedure, you will be on a full liquid diet. You can have liquids only until midnight.

Things allowed include: Soft Drinks (including colas), Gatorade, Bouillon, Hard Candy, Jell-o, Tea, Coffee (no cream), Popsicles, and Fruit Drinks. Avoid fruit juices which may contain pulp.

Allowed LIQUIDS DO NOT INCLUDE MILK OR MILK PRODUCTS INCLUDING COFFEE MATE.

DO NOT CONSUME ANY RED OR PURPLE PRODUCTS.



### ON THE DAY BEFORE THE EXAM: MIX SOLUTION

Add drinking water to top of line on bottle. Cap the bottle and shake to dissolve the powder. The mixed solution will be clear and colorless. The solution may be refrigerated. The solution should be used within 48 hours of reconstitution. No additional ingredients (other than flavor packs provided) should be added to the solution.



### AT 2:00 PM: TAKE BOTH TABLETS

Take BOTH bisacodyl delayed-release tablets with water. Do NOT chew or crush. Do not take the bisacodyl tablets within 1 hour of taking an antacid.



### AT 4:00 PM: START DRINKING THE SOLUTION

Drink 1 (8 oz) glass every 10 minutes (about 8 glasses). Drink each glass quickly rather than drinking small amounts continuously. A watery bowel movement should begin in approximately 1 hour. **Be sure to drink ALL the solution.**

**Continue Drinking Liquids Until Midnight!**  
**NOTHING BY MOUTH AFTER MIDNIGHT!**

Someone **MUST** accompany you to your appointment to drive you home, as you will be sedated!

If you have any questions, please call Dr. Kurt Vernon's office at 910-891-5808 or 919-577-0085.

A **48 Hour** Advance Notice is required for cancellation of any scheduled procedure.